

INFORMED CONSENT FOR CHIROPRACTIC CARE

Procedures

Chiropractic adjustments have the desirable effect of enabling muscles, tendons, and ligaments to properly function and heal. Chiropractic adjustments can be made by either the use of hands or mechanical instruments to any bone or joint in the body including both spinal and extremity bones. You may or may not hear an audible sound, which is just air being released from the joint space as bones are moved into their proper positions.

The physical examination may include posture checks, range of motion testing, muscle strength testing, various neurological and orthopedic testing. The physical exam can temporarily worsen symptoms, but is a necessary part of chiropractic care. The Doctor of Chiropractic will make every reasonable effort during the examination to screen for contraindications to care.

Treatment may include chiropractic adjustments, physical therapy, massage therapy, heat and exercise recommendations. Additionally, there may be referrals to other doctors as necessary. Some patients feel some stiffness and/or soreness following the first few days of treatment.

Alternatives to Chiropractic Care

Other treatment options for your condition may include rest, acupuncture, physical therapy, medical care, medications (both over the counter and prescribed), hospitalizations, surgery, and others. If you choose to use other treatment options, you should discuss the risks and benefits with your medical doctor or other health care provider.

Risks

As with any healthcare procedure, there are certain complications, which may arise when chiropractic adjustments and other care/procedures are performed. These complications include but are not limited to fractures of bones, disc injuries, dislocations, muscle strains, cervical myelopathy, strokes, costovertebral strains and separations, and burns.

Fractures are rare occurrences and generally result from some underlying weakness of bone. Strokes from vertebral artery dissection are extremely rare. <https://www.ncbi.nlm.nih.gov/pubmed/19251066>.

To put it in perspective Chiropractic Manipulation/ Stroke Cases: 90 cases, per 100,000,000 people annually VS

NSAID (Aspirin, ibuprofen Aleve, Motrin) Associated Deaths: 1000 cases, per 100,000,000 people annually.

Although discs are generally helped with chiropractic care, they can be worsened even to the point of requiring surgical care. Application of heat can possibly burn skin and physical therapy can cause bruises and discoloration of skin.

Questions

Please ask any questions you may have about your health and the treatment procedures to be performed by Dr. Yost.

To the patient (or their parent, legal guardian, court appointed conservator, or agent): Please read this entire form prior to signing it. It is important that you understand the information contained in this form. Please ask any questions prior to signing this form if you are unclear about anything in this form.

DO NOT SIGN THIS FORM UNTIL YOU HAVE READ AND UNDERSTAND THIS FORM. UPON DOING SO, PLEASE DATE AND SIGN THIS FORM

Signature of Patient

Name of Patient

Date Signed